



# 5th Congress of the Eurasian Respiratory Society

Discussing and seeking solutions to the most serious respiratory problems in Kyrgyzstan and Central Asia was the main aim of the 5th Congress of the Eurasian Respiratory Society, which was held in Kyrgyzstan in the memory of Academician Mirsaid Mirrakhimov – an outstanding scientist and doctor of our time.

**R**espiratory diseases are a serious medical and social problem in Kyrgyzstan and Central Asia due to their high prevalence and morbidity. High mortality rates are caused by the lack of access to modern life-saving technology. Thousands of people suffer daily from severe respiratory diseases that are rarely diagnosed and, as a result, patients get improper or insufficient therapy and become exposed to a higher risk of exacerbations or even death. The Eurasian Respiratory Society Annual Congress aims to help doctors improve their skills in respiratory medicine, introduce new diagnostic and treatment techniques and implement joint integrative scientific projects.

The Congress was very successful with a large number of delegates attending from 17 countries around the world. Leading experts and directors of successful medical respiratory centres worldwide attended the event.

## Scientific excellence

The scientific programme was packed and was highly relevant to respiratory doctors. Of great interest was the discussion over international and national recommendations on the treatment of patients with respiratory disorder, of varying severities. Special attention was given to informing clinicians on modern diagnostic systems and new life-saving technologies for the hospital and domiciliary treatment.

Workshops of the European and Eurasian Respiratory Societies, symposiums, roundtables and master classes on the most important problems of respiratory medicine were organised throughout the Congress. Discussions regarding cooperation with the ERS were continued at the

## Personal highlights of the Congress are described as follows by participants.

### Ms U.A. Abdullaeva, Vice Prime Minister of the Kyrgyz Republic

It is the reality that respiratory diseases in adults and children are one of the main medical and social problems in Kyrgyzstan because of the high prevalence rate. This is why the 5th Congress of the Eurasian Respiratory Society was an event of a great importance for Kyrgyzstan and Central Asia.

“The Government of the Kyrgyz Republic would like to outline the strengthening relationship and support by the ERS, which is the uniting force for leading experts, experienced clinicians and practising doctors.”

Only through combining our efforts and mobilising all resources available, will we manage to make positive steps in solving such a serious medical and social problem as respiratory diseases.

### Former President of the ERS, Prof. J. Gerritsen (the Netherlands)

I am very happy to be part of such an important forum. The ERS is highly motivated in cooperation and

2009 ERS Annual Congress where agreements were made to support the “Respiratory Medicine” international journal which was launched in 2007 in Kyrgyzstan. Annual regional workshops and future research seminars were also discussed. Kyrgyzstan was represented at the National Village

is ready to provide comprehensive support to the development of respiratory medicine in Central Asia. There were positive discussions regarding the organisation of special educational and research projects and an extension of grant support to the Kyrgyz Government. I would like specifically to mention the hospitality, friendliness and kindness throughout the Congress.

### Prof. G. Viegi, Global Alliance against Chronic Respiratory Diseases (GARD) planning group member (Italy)

We have witnessed a very important event; there were many useful meetings and discussions regarding cooperation in the framework of GARD and other initiatives. We are ready to render any assistance and I hope that, in the near future, Kyrgyzstan will be taking a more active part in internationally financed respiratory medicine projects.



exhibition at the ERS Congress which allowed us to demonstrate recent achievements in respiratory medicine. The participants were pleasantly surprised and scientists worldwide were able to see that we have potential and now they are ready to actively cooperate with us.